



Edwards

## Physio Flex Annuloplasty Ring, Model 5300

### Instructions for Use

#### Rx Only

**CAUTION: Federal (USA) law restricts this ring to sale by or on the order of a physician.**

### 1.0 Product Description

The Physio Flex annuloplasty ring is a semi-rigid, open, mitral annuloplasty ring with an asymmetrical open anterior segment (see **Figures 1 and 2**).

The ring (**Figure 3**) has an asymmetrical open anterior segment corresponding to the mitral annulus below the aorto-mitral curtain (**segment A**). The complete portion (**segment B**) of the ring begins at the anterolateral commissure and extends beyond the posteromedial commissure and the posteromedial trigone into the anterior annulus (**segment C**).

The ring design has a rectangular Nitinol core which enables different flexibilities in-plane (A) and out-of-plane (B) (**Figure 4**).

The ring flexibility progressively increases in-plane from size 24 mm to 30 mm. It remains relatively constant from size 30 mm to 40 mm. For each ring size, the out-of-plane flexibility is greater than the in-plane flexibility (see **Table 1**).

Table 1

| Size          | In-Plane Flexibility (A) | Out-of-Plane Flexibility (B) |
|---------------|--------------------------|------------------------------|
| 24 mm – 30 mm | Progressively increases  | Greater than in-plane        |
| 30 mm – 40 mm | Remains constant         |                              |

The ring also has a progressive saddle height with a complete posterior saddle and an open anterior saddle. The ratio of the saddle height to the A-P (anterolateral to posteromedial) dimension progressively increases from size 24 mm to size 36 mm. It remains constant from size 36 mm to 40 mm (**Figure 5**).

The Nitinol core is covered with a silicone sleeve and an external, knitted, polyester cloth. The sewing cuff is designed for ease of needle penetration and suture placement. A green circumferential suture line placed between the outer perimeter of the ring and the outer perimeter of the Nitinol core identifies the suture placement area (see **Figure 2**).

The ring has two commissure markers and a mid-posterior marker to facilitate orientation during implantation (see **Figure 6**).

The ring incorporates a holder with a proximal arm (**Figure 7**) for connection to handle models 1150 and 1151 (**Figure 8**). The

holder arm is designed with a section made of stainless steel that can be bent to facilitate access and positioning of the ring on the valve annulus.

The Physio Flex annuloplasty ring is available in sizes 24, 26, 28, 30, 32, 34, 36, 38 and 40 mm.

The Physio Flex annuloplasty ring is designed to be used with sizer model 1252.

### 2.0 How Supplied

The Physio Flex annuloplasty ring comes pre-attached to a holder and is provided sterile and non-pyrogenic. Packaging consists of a box containing a dual sterile barrier package, two trays sealed with lids, one inside the other to facilitate handling and transfer to the sterile field at the time of surgery. After opening the outer tray, the inner tray may be placed directly into the sterile field.

### 3.0 Indications for Use

The Physio Flex annuloplasty ring, model 5300, is indicated for the correction of mitral valve insufficiency, or mixed mitral insufficiency, where treatment does not necessitate replacement of the natural mitral valve.

### 4.0 Contraindications

Use of the Physio Flex annuloplasty ring is contraindicated in patients with the following conditions:

1. Congenital malformation with lack of valvular tissue. (e.g., AV canal or hypoplastic commissures)
2. Severe mitral annular calcification involving the leaflets.

### 5.0 Warnings

FOR SINGLE USE ONLY. This device is designed, intended, and distributed for SINGLE USE ONLY. DO NOT RE-STERILIZE OR REUSE THIS DEVICE. There are no data to support the sterility, non-pyrogenicity, and functionality of the device after reprocessing. Such action could lead to illness or an adverse event, as the device may not function as originally intended.

This device predominantly contains Nitinol, an alloy of Nickel and Titanium. The device also contains cobalt, iron, carbon, niobium, copper, and chromium. Persons with allergic reactions to these metals may suffer an allergic reaction to this implant. Prior to implantation, patients should be counseled on the materials contained in the device, as well as potential for allergy/hypersensitivity to these materials. Safety of the Physio Flex annuloplasty ring has not been tested in patients with Nickel allergy.

This device was manufactured without latex, but may have been produced in a latex-containing environment.

Patients with annuloplasty rings who undergo dental or other potentially bacteremic procedures must be considered for prophylactic antibiotic therapy.

If used with evolving bacterial endocarditis, endocarditis may reoccur after implant.

Hemolysis due to regurgitation is a potential risk. Hemolysis may occur even with mild regurgitation.

Heart block, damage to circumflex arteries and coronary sinus are potential risks.

The choice of too small a ring increases the risk of post-repair systolic anterior motion (S.A.M.).

Non-metal fragments of holders, handles, and sizers are not radiopaque and cannot be detected by means of an external imaging device.

Do not attempt to deform or alter the ring to conform to a specific annular anatomy, as it could damage the ring. If the ring is not suitably sized for the annulus, select a larger or smaller ring.

Do not cut any threads on the ring. Cutting these threads can create loose threads with the potential for thromboembolism or hemolysis.

Remove the holder from the ring after the ring is implanted. Implantation of the holder with the ring can cause patient injury or death. In the event that a holder needs to be located within the surgical site, a radiopaque pin within the holder can be detected under x-ray.

## 6.0 Precautions

Do not use the ring after the expiration date on the label.

Inspect the packaging, ensuring that it has not been opened or damaged. Do not use rings that have been removed from the double trays and dropped, soiled, or possibly damaged.

Gentle handling is required for all implantable rings. To ensure the sterility and integrity of the ring, the ring should be stored in the product box until implantation is imminent.

Examine sizers and handles for signs of wear, such as dullness, cracking or crazing. If you observe any deterioration, replace the sizers and/or handles immediately.

Sizing the annulus properly is essential. Use only the appropriate sizers, model 1252, provided by Edwards Lifesciences to size the ring and the annulus. Do not use the ring holder as a sizer.

A serial number tag is attached to the ring by a suture. Do not detach this tag until implant is certain and sizing is completed. During removal of the tag, avoid cutting or tearing the cloth.

Suture needles with sharp cutting edges or forceps with teeth must not be used during insertion to avoid damage to the fabric covering the ring.

Sutures should be placed through the ring as demonstrated in **Figure 9**. Do not place sutures in the atrial tissue, as impairment of cardiac conduction may occur. Avoid suture placement that may injure or compromise the circumflex or right coronary arteries.

## 7.0 Complications

Serious complications, sometimes leading to death, have been associated with the use of prosthetic rings. In addition, complications due to individual patient reaction to an implanted ring or to physical or chemical changes in the components may necessitate reoperation and replacement of the prosthetic ring, sometimes within weeks or months.

Careful and continuous medical follow-up is required so that prosthesis-related complications can be diagnosed and properly managed to minimize danger to the patient.

Uncorrected or recurrent mitral regurgitation is a potential complication associated with annuloplasty rings.

Following is a list of complications associated with mitral valve repair and prosthetic ring annuloplasty compiled from literature

and from reports received through the Edwards complaint handling system.

Procedural and Product Complications:

- residual or recurrent mitral regurgitation;
- stenosis;
- thrombosis;
- thromboembolism;
- hemolysis;
- heart block;
- low cardiac output, right heart failure;
- recurrence of mitral regurgitation due to progression of natural degenerative disease, endocarditis, or inadequate/incomplete repair of the valvular and subvalvular structures;
- suture injury to the circumflex artery;
- complications related to prolonged bypass, aortic cross clamping and inadequate myocardial protection;
- tearing of the cloth covering with the use of cutting needles;
- bleeding related to the use of anticoagulation therapy;
- local and/or systemic infection;
- partial dislodgement of the ring from its site of attachment (ring dehiscence);
- malfunction of the ring due to distortion at implant or physical or chemical deterioration of ring components;
- fracture of the ring components;
- fraying of the suture material;
- systolic anterior motion (S.A.M.) and left ventricular outflow tract obstruction (L.V.O.T.O.) whenever a large posterior or anterior leaflet is present;
- endocarditis;
- left atrial ventricular disruption or rupture;
- metal allergic reactions;
- fibrous tissue overgrowth or pannus.

## 8.0 Postoperative Considerations

To allow for healing and incorporation of the annuloplasty ring by host tissue, regardless of cardiac rhythm, postoperative anticoagulation therapy should be considered following surgery.

Patients with annuloplasty rings who undergo dental or other potentially bacteremic procedures must be considered for prophylactic antibiotic therapy.

## 9.0 Storage

The annuloplasty ring cannot be used after the expiration date on the label.

To minimize contamination and to provide maximum protection, store the annuloplasty ring (in dual sterile barrier package) and Implantation Data Card contained inside the outer cardboard box in a clean, dry area until needed.

## 10.0 Accessories

**Sizers:** Mitral Sizer model 1252,  
Sizes: 24 – 40 mm

**Tray:** Mitral model TRAY1252

**Holder Handles:** Model 1150 (2 inches) and Model 1151 (4 inches)

### 10.1 How Supplied

Accessories are packaged separately, provided non-sterile and must be cleaned and sterilized before each use. Do not sterilize accessories in their original packaging.

Replace accessories on a routine basis. Contact your Edwards Lifesciences sales representative to obtain appropriate replacements.

## 10.2 Warnings

Non-metal fragments of the sizers and handles cannot be located by means of an external imaging device.

## 10.3 Precautions

Examine sizers and handles for signs of wear, such as dullness, cracking or crazing. Replace sizer / handle if any deterioration is observed.

Do not use other manufacturers' ring sizers, or sizers other than Edwards Lifesciences Physio II mitral sizer model 1252, to size the Physio Flex annuloplasty ring, model 5300. Inaccurate sizing may cause damage to the annuloplasty ring or leaflet tissue, injure the heart, or result in mitral regurgitation, or patient mismatch.

## 10.4 Accessories Cleaning and Sterilization Instructions

For model 1252 accessories, see the Annuloplasty Ring Care and Sterilization Instructions provided with the 1252 accessories.

## 11.0 Physician Training

The techniques for implanting this ring are similar to those used for the placement of any annuloplasty ring. No special training is required to implant the Physio Flex annuloplasty ring, model 5300. It is the surgeon's decision when and if to repair a mitral valve in the presence of degenerative or functional mitral regurgitation.

## 12.0 Measurement and Selection of the Appropriate Ring

| Step | Procedure                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | <p>Use model 1252 sizers to measure the mitral valve for annuloplasty ring size. Ring selection is based on measurements of the inter-commissural distance and the height and/or surface area of the anterior leaflet using the Edwards model 1252 sizers. <b>Figure 10</b> shows a measurement of the anterior leaflet height and surface area after the anterior leaflet has been unfurled.</p> <p>The size that corresponds to the inter-commissural distance (between the two notches on the sizer) and the height of the anterior leaflet is the one that should be selected. The free edge of the anterior leaflet must not extend more than 1 mm beyond the inferior edge of the sizer.</p> <p>In patients with functional mitral regurgitation, a downsizing approach may be considered.</p> <p>If the surgeon is deciding between two sizes in patients with degenerative valve disease, the selection of the greater size is recommended in most instances.</p> |
| 2    | <p>Remove the serial number tag once the ring has been selected.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

## 13.0 Use of Handle and Holder

The holder comes pre-attached to the ring. The Physio Flex annuloplasty ring is inserted using the holder attached to the handle (model 1150 or 1151, which is packaged separately).

| Step | Procedure                                                                                                                                   |
|------|---------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | Attach the handle to the holder in a one-step motion by snapping the handle into the engaging component on the holder ( <b>Figure 11</b> ). |
| 2    | To bend the handle, grip the ends and gently apply force to bend the stainless steel shaft ( <b>Figure 12</b> ).                            |
| 3    | Bend holder wire, if necessary to facilitate access, without holding the ring. See <b>Figure 13</b> .                                       |

## 14.0 Ring Implantation

| Step | Procedure                                                                                                                                                                                                                                                                                                                                                 |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | Place each suture through the annulus 1 to 2 mm outside the junction between the leaflet and the atrium ( <b>Figure 14</b> ). At least one suture is required above the posterior commissure (as shown by the dashed circle). This additional suture corresponds to the segment of the ring past the posterior commissure marker.                         |
| 2    | <p>Pass the sutures through the green marks on the outflow side of the sewing cuff (<b>Figure 15</b>) of the selected ring.</p> <p>If resistance is felt when the suture needle is passed through the ring, pull the suture needle out of the ring and begin again by placing the suture through the sewing cuff as demonstrated in <b>Figure 15</b>.</p> |
| 3    | Use the bendable holder to parachute and position the ring onto the annulus.                                                                                                                                                                                                                                                                              |

## 15.0 Removal of the Ring Holder

The Physio Flex annuloplasty ring is attached to a single-cut release holder.

| Step | Procedure                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | <p>A single suture well (<b>Figure 16</b>) is located on the posterior section of the holder.</p> <p>Cut the retaining suture thread in the raised area with a scalpel (<b>Figure 16</b>). This enables removal of the holder from the ring.</p>                                                                                                                                                                                                                   |
| 2    | <p>Gently detach the holder from the ring using the holder handle. The retaining suture is permanently connected to the holder and upon withdrawal of the holder, the retaining suture will be removed.</p> <p>Do not leave the holder attached to the ring after the ring is implanted.</p>                                                                                                                                                                       |
| 3    | <p>After the holder is removed from the ring, the handle can be removed from the holder by gripping the holder at the connection point and pulling the handle off. See <b>Figure 17</b>.</p> <p>After the holder is detached from the ring, the holder is to be discarded.</p> <p><b>Note: The holder is for single-use only.</b></p> <p>The handle is reusable. For more information, refer to Sterilization Instructions provided with the 1252 accessories.</p> |

| Step | Procedure                                                                        |
|------|----------------------------------------------------------------------------------|
| 4    | Tie the suture knots to secure the ring onto the annulus and cut the sutures.    |
| 5    | <b>Figure 18</b> illustrates a properly implanted Physio Flex annuloplasty ring. |

## 16.0 Evaluating Repair Competency

The quality of the repair should first be evaluated after tying the sutures to the ring. Saline is injected into the ventricle through the mitral valve to observe the line of coaptation. There should be a symmetrical line that is parallel to the posterior portion of the ring with a  $\frac{3}{4}$  to  $\frac{1}{4}$  ratio of anterior leaflet to posterior leaflet within the orifice. If the line of coaptation is asymmetrical, this suggests a residual leaflet prolapse or restricted leaflet motion; this should be corrected. Also, if the posterior leaflet occupies more than half or more of the ring orifice area, it should be shortened to mitigate the risk of systolic anterior motion (S.A.M.).

The quality of the repair is assessed by transesophageal echocardiography (TEE) after completion of cardiopulmonary bypass. This examination should rule out the presence of postvalvuloplasty SAM in patients with excess leaflet tissue.

If careful application of the ring method of valvuloplasty fails to produce adequate repair of valvular insufficiency as determined by visual inspection or intraoperative testing, the surgeon must be prepared to remove the ring and replace the diseased valve with a prosthetic valve during the same procedure.

## 17.0 MRI Safety Information



### MR Conditional

Non-clinical testing demonstrated that the Physio Flex annuloplasty ring, model 5300, is MR conditional. A patient with this device can be safely scanned in an MR system meeting the following conditions:

- Static magnetic field of 1.5T and 3.0T only
- Maximum MR spatial gradient field of 3000 gauss/cm (30T/m) or less
- Maximum MR system reported, whole body averaged specific absorption rate (SAR) of < 2 W/kg (Normal Operating Mode)

Under the scan conditions above, the Physio Flex annuloplasty ring, model 5300 is expected to produce a maximum temperature rise of 2 °C after 15 minutes of continuous scanning.

In non-clinical testing, the image artifact caused by the device extends approximately 6 mm from the Physio Flex annuloplasty ring when imaged with a gradient echo pulse sequence and a 3.0 Tesla MRI system.

Optimization of MR imaging parameters is recommended.

## 18.0 Case History

### 18.1 Implant Patient Registry

When using an Edwards annuloplasty ring, carefully complete the Implantation Data Card that is packaged with each ring. Return the pre-addressed portion of the card to the Implant Patient Registry, and keep the remaining portions for hospital and surgeon records. Upon receipt of the Implantation Data Card, the Implant Patient Registry will produce a wallet-sized identification card for the patient. The card allows patients to inform healthcare providers what type of implant they have when they seek care. When a ring is discarded or a previous Edwards ring is replaced, use the Implantation Data Card to report this information to Edwards Registry.

A Patient Identification Card is provided to each patient implanted with the Physio Flex annuloplasty ring.

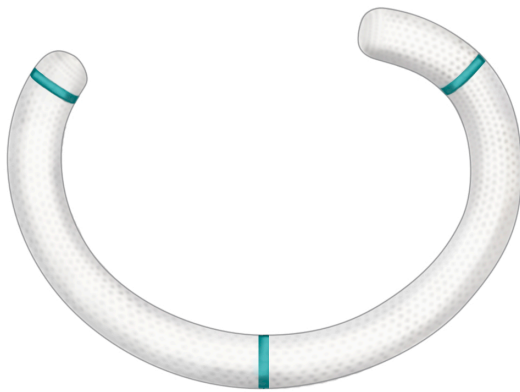
### 18.2 Recovered Clinical Implants and Device Disposal

Edwards Lifesciences is interested in obtaining recovered clinical specimens of the Physio Flex annuloplasty ring, model 5300, for analysis. Contact the local representative for return of recovered rings.

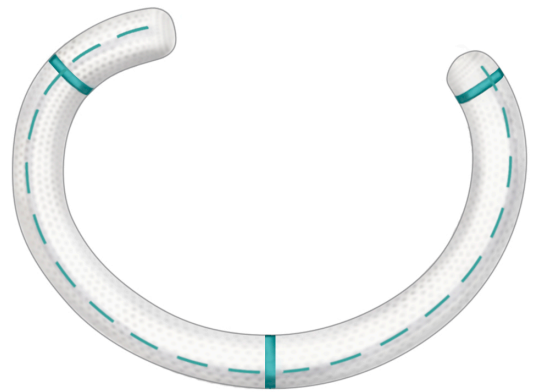
- If the unopened package with sterile barrier is intact i.e. the inner Tyvek tray has not been opened, return the ring in its original packaging
- If the inner Tyvek tray is opened but ring is not implanted: Contact the local representative for return of recovered ring
- Place explanted rings in a suitable histological fixative such as 10% formalin or 2% glutaraldehyde. Refrigeration is not necessary
- Explanted ring: Contact the local representative for return of recovered ring

Used devices may be handled and disposed of in the same manner as hospital waste and bio-hazardous materials in accordance with local regulations, as there are no special risks related to the disposal of these devices.

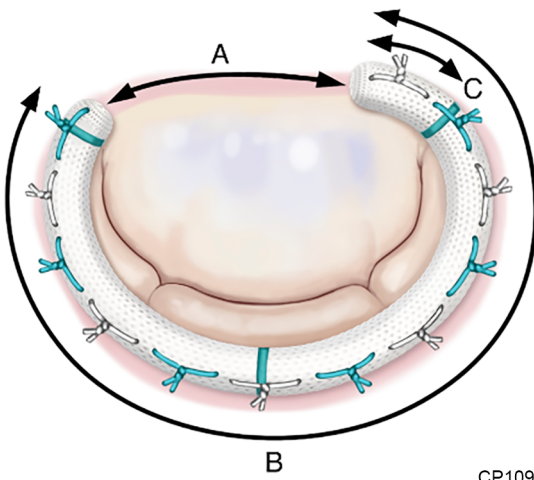
## Figures



**Figure 1: Atrial view**

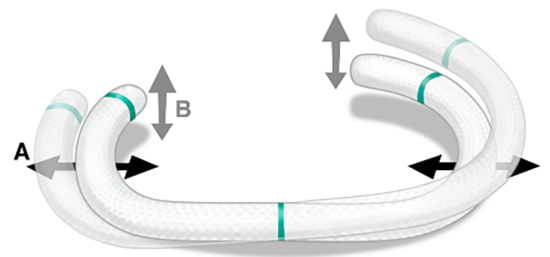


**Figure 2: Annular view**



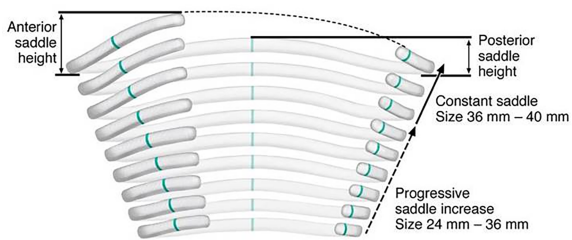
**Figure 3**

CP1091-3

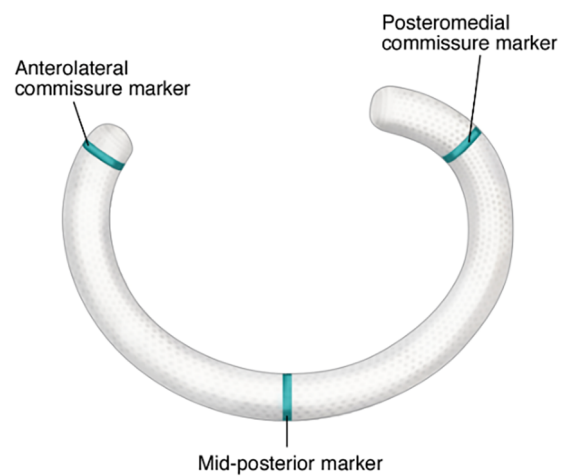


**Figure 4**

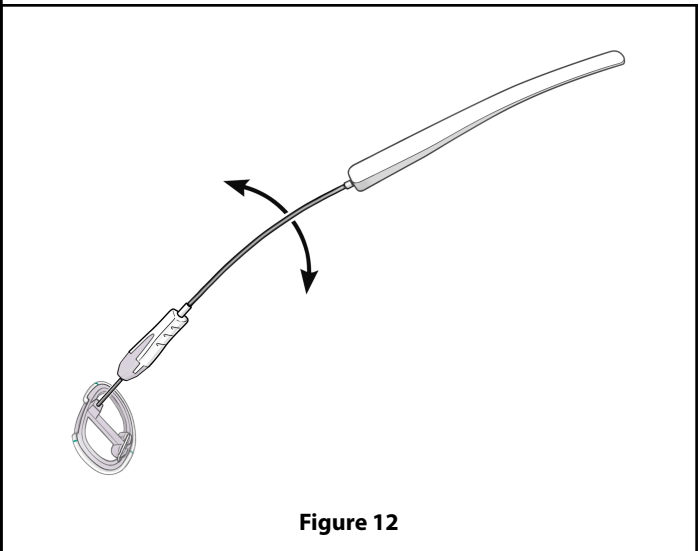
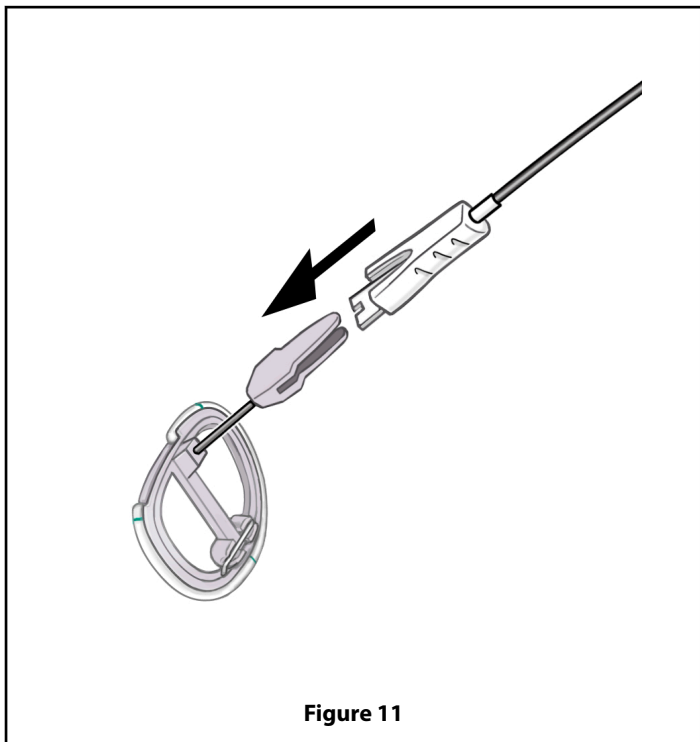
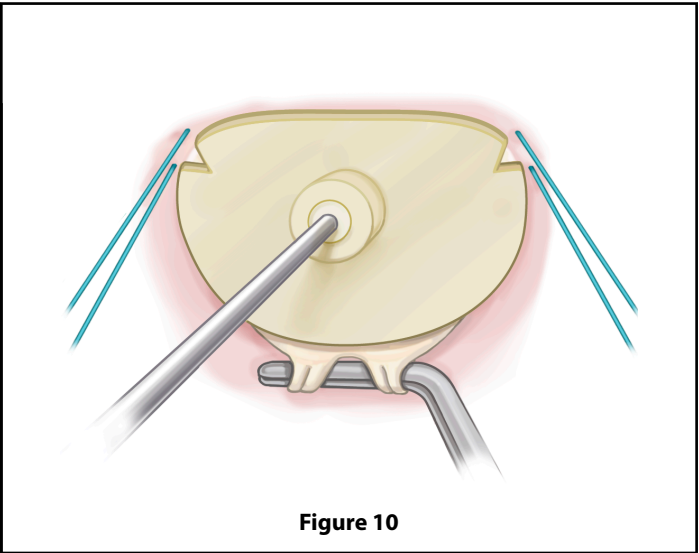
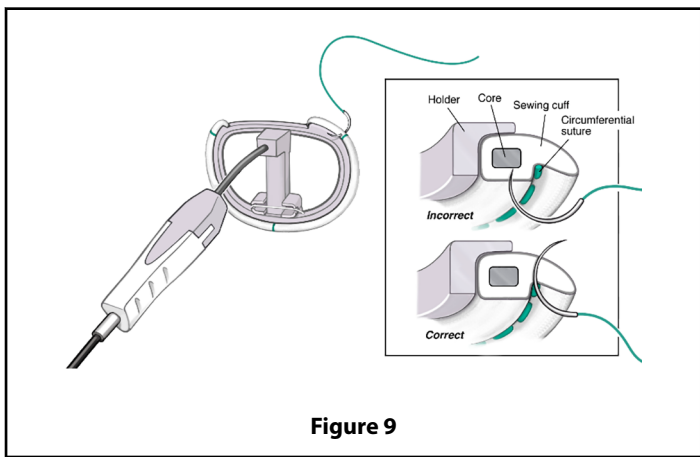
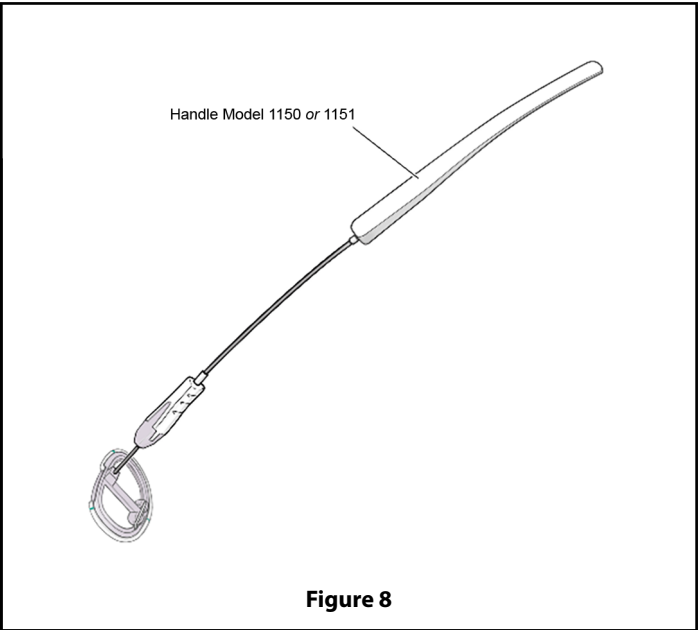
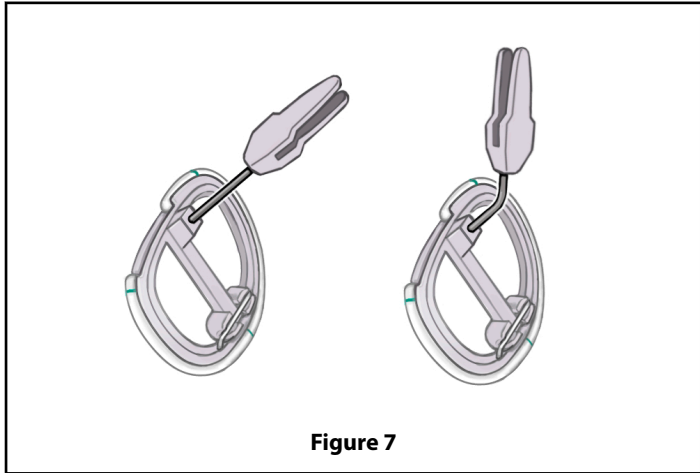
CP1091-4

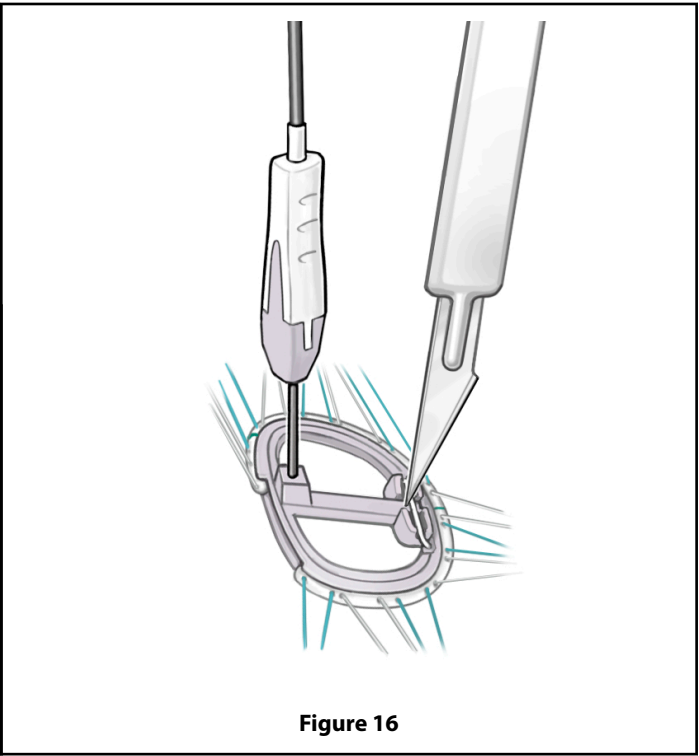
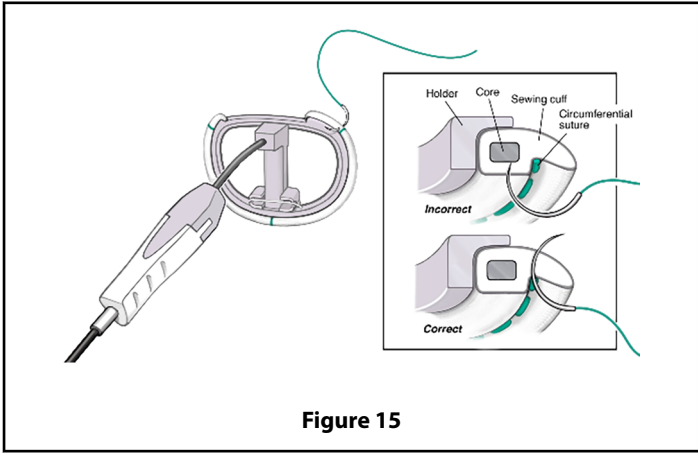
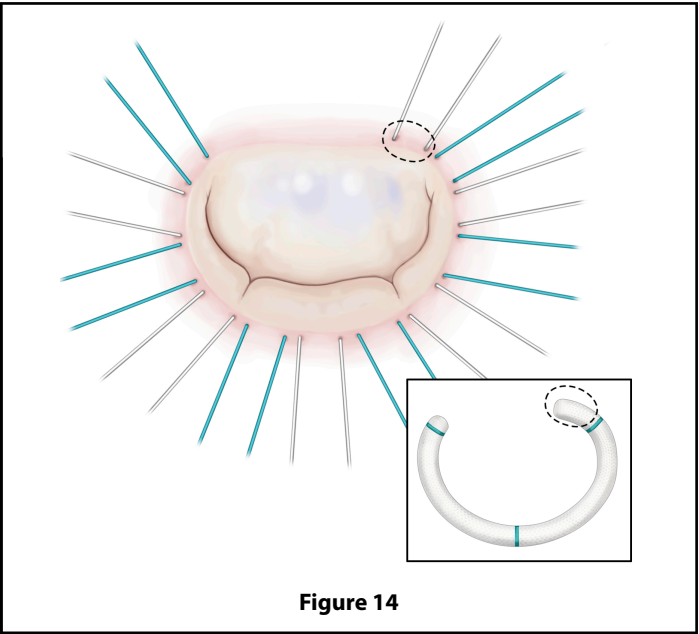
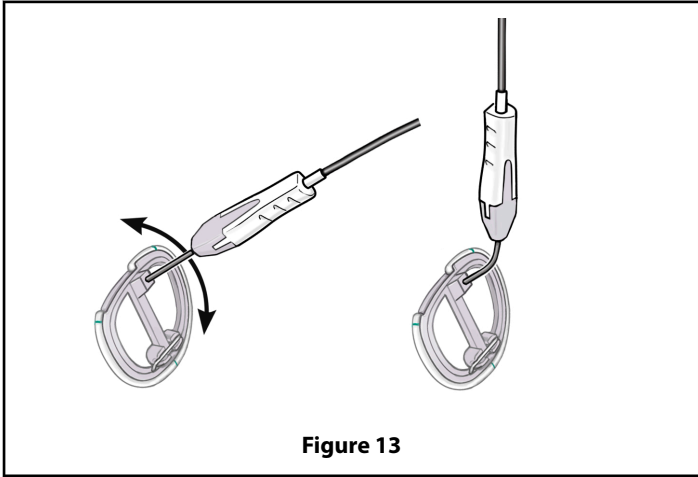


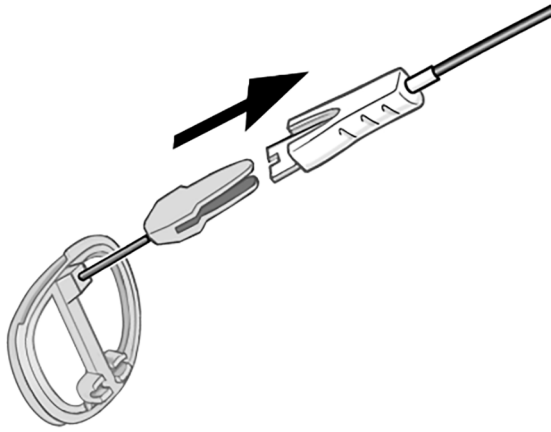
**Figure 5**



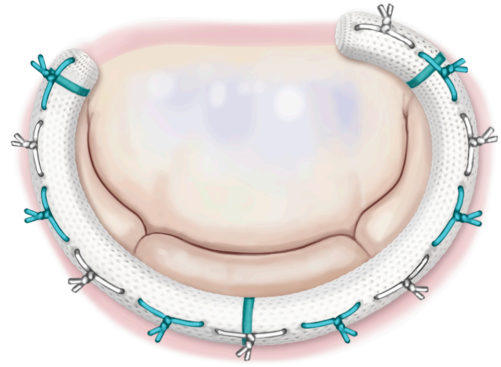
**Figure 6: Commissure Placement**















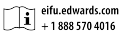
**Figure 17**










**Figure 18**



## Symbol Legend

|                                                                                    | ISO Reg. No. <sup>1</sup> | English                                     |
|------------------------------------------------------------------------------------|---------------------------|---------------------------------------------|
|   | 3082                      | Manufacturer                                |
|   | 2497                      | Date of manufacture                         |
|   | 2607                      | Use-by date                                 |
|   | 2493                      | Catalogue Number                            |
|   | 2498                      | Serial Number                               |
|   | 2608                      | Do not re-sterilize                         |
|   | 2503                      | Sterilized using steam or dry heat          |
|   | 2606                      | Do not use if package is damaged            |
|  | 1641                      | Consult instructions for use on the website |

|                                                                                   | ISO Reg. No. <sup>1</sup> | English                                                                                     |
|-----------------------------------------------------------------------------------|---------------------------|---------------------------------------------------------------------------------------------|
|  | N/A                       | Store in a cool, dry place                                                                  |
|  | 0434A                     | Caution                                                                                     |
|  | 1051                      | Do not re-use                                                                               |
|  | 2724                      | Non-pyrogenic                                                                               |
|  | N/A                       | MR Conditional                                                                              |
|  | N/A                       | Caution: Federal (USA) law restricts this device to sale by or on the order of a physician. |
|  | N/A                       | Quantity                                                                                    |
|  | N/A                       | Size                                                                                        |

**Note:** The labeling of this product may not contain every symbol depicted in the legend.

<sup>1</sup> ISO 7000 *Graphical symbols for use on medical equipment - Registered symbols*



Edwards

04/22  
10034666002 A / DOC-0196406 A  
© Copyright 2022, Edwards Lifesciences LLC  
All rights reserved.



**Edwards Lifesciences LLC**  
One Edwards Way  
Irvine, CA 92614 USA

Telephone 949.250.2500  
800.424.3278  
FAX 949.250.2525

Web IFU